Welcome to the Wodonga campus of Albury Wodonga Health, it is also referred to as the Wodonga Hospital. It’s a great place to work so we hope you enjoy your placement with us!

The Allied Health department of Wodonga Hospital is located in Vermont St.

Allied Health Reception : (02) 60517400

AWH Allied Health Student Coordinator : Anna Sullivan   Phone 0428 907 612  or email anna.sullivan@awh.org.au (works Tuesday, Wednesday, Thursday)

Free parking is available at the football ground at the south end of Vermont St.

**Click here for maps of the AWH Albury and Wodonga campuses**

**Day 1**

On your first day please come to the Wodonga Hospital main front desk ready for an 8.30am orientation. For the first half hour orientation is for all students so introduce yourself and say hello! Bring your police check and working with children’s check, without these you cannot commence placement.

Occasionally your supervisor may prefer you come to the Allied Health front desk (building in photo below), if so please introduce yourself and let the receptionist know who you are meeting so they can be informed. The Allied Health front door is swipe card access only until 8.30am so if you come a little early you will need to wait for someone to swipe you in. The hospital main door is open from 7am.

**Wodonga Allied Health**

Wodonga Allied Health works in multi-disciplinary programs or teams.

Although you will be here on placement related to your discipline, you will be working within a team (e.g. Physiotherapist in the Community Rehabilitation Team). Please read the below for general placement information and more about the Wodonga teams. Also read your professional annexe for specific information and pre-placement preparation.

If you have any concerns or questions during your placement please do not hesitate to ask one of us (if we don’t know, we can’t help!).
**Generic information**

**Supervisors**

For each placement you will be allocated a primary supervisor, who will be co-located with you at your placement site. This is the person who coordinates your placement and is responsible for your mid placement and final evaluation. During your placement you are likely to work with a range of other health professionals both within and outside your discipline, with a range of professional experiences.

It is important to remember that your supervisor(s) continue to carry a full workload during your placement, and you will need to be sensitive to his/her other responsibilities. This will also mean that you may be required to work more autonomously and independently during your placement.

Throughout your placement you will receive a mix of direct and indirect supervision. A range of facts such as the complexity of the activity/roles you are undertaking and your level of skills and knowledge determine the degree of supervision. Discuss with your supervisor early the types of supervision that will be provided, considering both the capacity of your supervisor and your own supervision requirements.

**Weekly student sessions (IPL)**

Each week a student interprofessional learning (IPL) session is offered at each campus to allied health and nursing students. The sessions range from simulation to case studies to topics of interest designed to help you get to know the other students and their disciplines. It is strongly suggested you attend and the sessions are great fun and hope you can come along! Please let Anna Sullivan (Allied Health Student Coordinator) know if you are not able to attend.

Wodonga student IPL session – Thursday 2.30-3.30pm in Vermont Court Room 7.

**Computer access:**

Generic access to the intranet will be provided to access your discipline/team folder, student folder, internet and other useful applications. If you require wifi for your placement please contact your supervisor or the AWH student Coordinator and a personal log in will be arranged. For students on placements longer than 6 weeks a personal log on will be provided which can be used to log in to the hospital wifi.

**Swipe Card and Lockers:**

You will be provided with a temporary swipe card, this should be worn at all times. A $20 refundable deposit is required for the swipe card/locker key. Please return these to front desk on your last day. There are 4 student lockers available in the staff room, if you need to share a locker please leave the key in the key box at reception.

**Meal breaks**

Most people don’t take a morning tea/afternoon tea break however Friday morning tea is the highlight of the week, 10.30am in the staff room – come along! Lunch is usually 12.30-1pm, join us – either in the staff room, CRC courtyard or the grass area near dialysis. There is also a hospital cafeteria and kitchen facilities in the staff room (fridges, microwaves etc).
Allied Health Teams at Wodonga Campus

Acute Team

- The Acute Unit has 28 beds encompassing general medical and some surgical patients. Surgical patients are mostly urology, gynaecology, ENT and some basic general surgery.
- Includes 6 COU (Close Observation Unit) beds
- The Obstetric Unit is one of the largest units in rural Victoria catering for an estimated 1600 births each year.

Acute Geriatric Evaluation Management (AGEM)

- AGEM is a multidisciplinary slow-stream rehab service specialising in the care of patients over the age of 65 years who require further multidisciplinary therapy once medically well, to facilitate discharge to an appropriate destination. This program has 10 beds but can fluctuate due to the demands on AGEM and Rehabilitation Ward.
- This is a goal based program with the aim to achieve optimal independence and quality of life.

Inpatient Rehabilitation

- The Inpatient Rehabilitation team, which consists of specialist, medical, nursing and allied health practitioners, support patients to recover from acute illness and injury and regain the functional skills required to return home. Patients are often referred to community based rehabilitation programs for ongoing care and support following discharge from inpatient rehabilitation.
- The program offers 20 beds but bed number are flexible with AGEM to accommodate patient needs

Transition Care Program (TCP)

- TCP currently has 16 beds – 8 community and 8 facility based beds and is a slow-stream inter-disciplinary rehabilitation program based in clients home or extended care facilities.
- This program is for older clients (>65 years) who have rehabilitation needs after an acute admission and live in the Albury district, as well as Wodonga, Indigo, and Towong shires.

Post Acute Care (P.A.C)

- Short term program that provides care co-ordination for people post discharge from hospital.
- Services can include home cleaning, personal care, shopping, meal preparation, nursing support and gap fill allied health.
- The services are purchased by the PAC program and can run for up to 4 weeks at no charge to the client.
Community Rehabilitation Team (CRC team)

- CRC is a multidisciplinary team which aims to enable clients who are disabled, frail, chronically ill or recovering from traumatic injury to achieve and retain optimal functional independence. Clients with more complex needs and who require more than one discipline are seen by this team.
- General rehabilitation, cardiac rehabilitation and pulmonary rehabilitation
- Upper limb/hand therapy clinic
- Falls and balance program, exercise groups
- Lymphoedema

Community Health Team

- Multidisciplinary team providing outpatient services to enable Victorian residents suffering from a range of conditions to achieve and maintain optimal functional independence.
- The clinicians in this team comprise of Physiotherapists, Speech Pathologists, Podiatrists, Diabetes Educators and Dieticians.
- Also involved in the delivery of a variety of health promotion activities including Diabetes Education, Aquatic Physiotherapy, New Parents Group and Chronic Disease Self-Management

Rural and Allied Health Team (RAHT)

- The Rural Allied Health Team (RAHT) provides a range of home and clinic based professional services. They assist people to stay at home independently, including the frail, aged and younger people with disabilities, and their carers. The service is designed to meet individual needs.
- The team supports and works with clients, carers and community service providers.

Hospital Admission Risk Program (HARP)

- HARP aims to prevent unplanned hospital admissions by helping people manage their health.
- HARP care co-ordinators work with people who have chronic health conditions and complex medical and psychosocial issues.
- People who are eligible for program have had admission to hospital for their chronic health condition, or are at risk of readmission or who are frequently presenting to the emergency department.
- The focus is on self-management and care co-ordination.
- The area is Upper Hume (Chiltern, Beechworth, Yackandandah, Corryong, Mt Beauty, Tallangatta, and Wodonga) and Albury to Thurgoona.
- Service is provided at the client’s home, community or in centre.

Pain Management Program

- Provides timely and efficient intervention to individuals, which meets best practice and uses a multi-disciplinary and consumer focused approach.
- Three week residential cognitive behavioral modification and physical reactivation program based on the biopsychosocial model of chronic pain and conducted by an interdisciplinary team.