Welcome to the Albury campus of Albury Wodonga Health, it is also referred to as the Albury Hospital and occasionally Albury Base Hospital. It’s a great place to work so we hope you enjoy your placement with us!

The Allied Health department of Albury Hospital is located off East St.

Free parking staff is available off East St in the staff parking or on Keene St.

Hospital Main Reception Phone: (02) 60584444

AWH Allied Health Student Coordinator : Anna Sullivan Phone 0428 907 612

The Allied Health Department at Albury Campus is mostly structured on a discipline basis rather than a program base. Refer to the end of the document for more information about the different wards, services and teams at Albury Campus.

Click here for maps of the AWH Albury and Wodonga campuses

Contents
Exercise Physiology placements (Albury Campus) .......................................................... 2
Generic Information ............................................................................................................ 3
Allied Health Teams at Albury Hospital ......................................................................... 4
Completing the orientation package ............................................................................... 5
Exercise Physiology placements (Albury Campus)
The Exercise Physiologist works full time in the Community Rehabilitation Centre (CRC). CRC provides interdisciplinary outpatient rehabilitation to patients living in the Albury region. Our team consists of; Physiotherapists, Occupational Therapists, Speech Pathologists, Dietitians, Social Workers, Nurses and an Allied Health Assistant.

The Exercise Physiologist delivers exercise for the prevention and management of chronic diseases including cardiac, respiratory, neurological, psychological and metabolic as well as musculoskeletal injuries. The Exercise Physiologist also works with clients and staff in the following CRC groups - Cardiac Rehabilitation, Pulmonary Rehabilitation and Falls Prevention.

Click here to see the Brochure for Cardiac Rehabilitation

Please research the following prior to commencing placement: -

2. Cardiac surgical and no-surgical procedures and prescribing exercises
3. Pulmonary conditions and prescribing exercises
4. Strength and balance exercises appropriate for the falls prevention exercise group

General Information

Working Hours: 8.00am to 4.30pm

Dress: Black pants or shorts, university t-shirt and enclosed shoes.

Parking: All day parking is available in Keene St, East Albury
Generic Information

Supervisors
For each placement you will be allocated a primary supervisor, who will be co-located with you at your placement site. This is the person who coordinates your placement and is responsible for your mid placement and final evaluation. During your placement you are likely to work with a range of other health professionals both within and outside your discipline, with a range of professional experiences.

It is important to remember that your supervisor(s) continue to carry a full workload during your placement, and you will need to be sensitive to his/her other responsibilities. This will also mean that you may be required to work more autonomously and independently during your placement.

Throughout your placement you will receive a mix of direct and indirect supervision. A range of facts such as the complexity of the activity/roles you are undertaking and your level of skills and knowledge determine the degree of supervision. Discuss with your supervisor early the types of supervision that will be provided, considering both the capacity of your supervisor and your own supervision requirements.

Weekly student sessions (IPL)

Each week a student interprofessional learning (IPL) session is offered at each campus. These are offered to allied health and nursing students and it is strongly suggested you attend. The sessions cover various topics including simulation, case studies and topics of interest designed to help you get to know the other students and their disciplines. The sessions are great fun and we hope you can come along!

Please let Anna Sullivan (Allied Health Student Coordinator) know if you are not able to attend.

Albury IPL – Tuesday 3-4pm in the Allied Health Group Room

Lunch

There are lots of lovely places to eat lunch. Most of us congregate in the allied health courtyard; please come and join us.

Computer access:

Generic access to computers will be provided for access to your discipline drive, student drive and other useful applications. This login will have internet available for work related purposes.

Lockers:

There are student lockers available in the student room or in your discipline department. A locker will be assigned to you during orientation; the key must be returned on your last day.

Photocopying: the photocopier is located near Allied Health Reception.

If you have any concerns or questions during your placement please do not hesitate to ask one of us (if we don’t know, we can’t help!).

Allied Health Fax Number: (02) 6058 4520
Allied Health Teams at Albury Hospital

The Allied Health Department is mostly structured on a discipline basis rather than a program base.

Surgical Ward two

- Surgical ward two is a 30 bed unit. The ward mostly consists of surgical patients particularly minor and major abdominal surgery.
  - Phone: 4414

Surgical Ward One

- Surgical ward one is a 20 bed unit. The ward is mostly acute orthopaedic however it has 5 designated AGEM beds.
  - Phone: 4420

Medical Ward

- Medical Ward has 30 beds. Care is provided to acute neurological, cardiorespiratory, and oncology patients. Patients may also be admitted with general medical or functional decline. Aged care planning is provided in this setting.
  - Phone: 4410

Rehabilitation Ward

- The rehabilitation ward is a 21 bed, inpatient sub acute service that uses a team approach when working with patients to achieve optimal independence and quality of life. People are commonly admitted to the rehab ward following an acute hospital admission however direct admissions from the community also occur.
- Mid 2015 the rehabilitation ward will be moving to Wodonga Campus
  - Phone 4424

Intensive Care Unit (ICU)

- The unit consists of 6 ICU/HDU beds, 4 coronary care beds and 2 single rooms to be used as required.
  - Phone: 4470

Emergency Department

- The Emergency Department consists of 12 beds and 2 resus bays. Single cubicle and a plaster room are also available.
  - Phone: 4454

Children’s Ward

- Children’s ward is an 18 bed unit. The ward is for paediatrics with a wide range of medical and surgical conditions.
  - Phone: 4404
Acute Geriatric Evaluation Management (AGEM)

- AGEM is a multidisciplinary rehab service specializing in the care of patients over the age of 65 years with age related conditions. This is a 10 bed service however patients can be located anywhere in the hospital. Patients are most commonly admitted from an acute ward within Albury Wodonga Health.
- This is a goal based program with the aim to achieve optimal independence and quality of life.

Community Rehabilitation Centre (CRC team)

- The CRC is an outpatient service for people who have a physical disability, are frail, chronically ill, or are recovering from traumatic injury. CRC also helps people who have newly emerging chronic symptoms that require assessment, diagnosis and treatment. This service aims to improve and maintain a person’s optimal independence in the community or in their daily life.
  - Phone: 4830

Cognitive Dementia and Memory Service (CDAMS)

- The memory clinic is a multidisciplinary team that assesses changes in memory and thinking. They assess early memory changes and provide an accurate diagnosis and individual management plan. Advice to families and carers regarding strategies to improve or cope with memory problems is also available.
  - Phone: 4830

Outpatient Physiotherapy Services

- Provide outpatient physiotherapy service which includes:
  - Individual physiotherapy
  - Aquatic physiotherapy
  - Lymphoedema
  - Exercise groups
  - Tai Chi
  - Women’s health
  - Phone: 4566

Completing the orientation package

Reading this annexe was Step 2 in a 3 step orientation package

Please now return to the generic orientation package in Survey Monkey which you should still have open on your computer.

This is the final step of the orientation package.