



Position Description

Wodonga Campus

SENIOR CLINICIAN: EARLY PSYCHOSIS SERVICE

NORTH EAST CHILD AND ADOLESCENT MENTAL HEALTH SERVICE

Designation: Registered Psychiatric Nurse, Social Worker, Occupational Therapist, Psychologist

Level: RPN 4, Allied Health Grade 3

Time Fraction: Full time

Program: Albury Wodonga Health, North East Child and Adolescent Mental Health Service

Reports To: Manager, North East Child and Adolescent Mental Health Service.

NECAMHS Mission Statement:

We work together to improve the mental health and well being of infants, children and youth and their families and the system of care that surrounds them.

Primary Role:

The Early Psychosis Service (EPS) requires team members with flexibility and the ability to provide input into service delivery, development and evaluation. The EPS team will provide a responsive service across the Upper Hume region.

Team members based within NECAMHS will provide a high quality EPS that will assist young people aged between 16-25, their families, youth workers and local service providers to detect and develop appropriate management strategies for young people with a first episode of a psychotic illness. The Service will work closely with young people to develop strategies that engage, treat and support those experiencing a first episode of psychosis, as well as providing education, consultation and resources to family, friends and networks who may support the young person during this period of their life.

The EPS will, where appropriate, support a young person through active case management for a period of up to 3 years before referral to the local Adult Mental Health Services if ongoing treatment is required.

The position is expected to actively contribute to the planning, development and evaluation of the services provided by the Albury Wodonga Health Mental Health Services, as a whole.

NORTH EAST CHILD AND ADOLESCENT MENTAL HEALTH SERVICE (NECAMHS)

155 High Street, PO Box 1644 Wodonga VIC 3689
 23 Dixon Street, PO Box 567 Wangaratta VIC 3676

Telephone **02 6024 7711** Facsimile 02 6024 7611
Telephone **03 5722 4837** Facsimile 03 5721 4318

Organisational Environment/Reporting Relationships:

The North East Child and Adolescent Mental Health Service (NECAMHS) provides a public mental health service to children and young people to the age of 18 years who reside in the rural cities of Wodonga and Wangaratta and the local government areas of Indigo, Towong, Benalla, Mansfield and Alpine Shire. The service has bases located in Wodonga and Wangaratta and services are provided throughout the entire Eastern Hume region.

The EPS will develop and maintain strong partnerships with CAMHS, community and inpatient mental health services, and Integrated Primary Mental Health Services. Shared care relationships will be guided by protocols developed between services. It will participate in the evolution of service system development for 0-25 year olds.

The position is responsible to the Director, Mental Health Services, Albury Wodonga Health, Wodonga Campus through the Manager, NECAMHS. A representative of the EPS team will sit as part of the strategic planning team of NECAMHS.

Supervisory Responsibilities:

As a member of the multidisciplinary team the position is required to participate in the supervision of students that are on placement within the Albury Wodonga Health - Mental Health Services.

Primary Responsibilities:

KEY ACTIVITIES / PERFORMANCE INDICATORS:

Leadership & Management

- Development and maintenance of effective working relationships with agencies providing services to young people including Community Health Centres, PDSS, CAMHS, Primary Mental Health & Early Intervention, Youth Workers, Local Council Services, schools and further education facilities, drug and alcohol services, General Practitioners, and Private Psychiatrists.
- Establish and maintain strong working relationships with relevant CALD and Aboriginal communities to ensure services meet their communities/individual's needs.

Continuum of Care

- Support seamless access and service entry for local youth, families, education and Primary Care referrers with an aim of minimizing trauma to young people and their families.
 - To provide a range of interventions (including, intensive case management, psycho education, cognitive behaviour therapy, and group work) relating to early identification and treatment of young people aged
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16-25 years, experiencing a first episode psychosis, and working with their families.

- To undertake comprehensive psychosocial assessment and management, including ongoing risk assessment and general vulnerabilities that impact on the young person's development that also maintain the consumer's dignity and rights.
- In partnership with consumers and significant others, formulate Individual Service Plans.
- Provision of education, consultation and liaison services to consumers and families, mental health, education, youth and primary care workers on the early identification, assessment and timely, phase-specific treatment of young people experiencing early psychosis.
- Participation in regular clinical review, individual and peer supervision processes.

Improving Performance

Each employee has a responsibility to participate and commit to ongoing quality improvement activities using the EQUiP (Evaluation and Quality Improvement Programme) model.

- Contribute to the formulation and regular review of clinical practice guidelines, procedures and team objectives.
- Contribute to research, evaluation and monitoring processes, in conjunction with other relevant staff, by collecting, collating and providing information on the short and longer-term impact of services provided, where directed.

Information Management

Each employee has a responsibility to comply with Albury Wodonga Health's Privacy Policy, and to strictly maintain the confidentiality of any information obtained in the course of their employment. Any breach of the Privacy Policy will result in disciplinary action and/or dismissal and a possible fine under the conditions of the Health Services Act (Vic).

Ensure that all staff are aware of the principles of confidentiality regardless of mode of communication i.e. Written, verbal or electronic, in accordance with statutory requirements and AWH policies.

- Completion of documentation and data entry in a timely manner and in accordance with professional and National Mental Health Standards and statutory requirements.
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Performance Appraisal:

Review of performance at three months after commencement and annually thereafter. Evaluation of performance will be based on achievement of professional goals and overall performance in relation to the primary responsibilities described above.

Signature of employee

Witness

Date

Committee:

Approving Committee: Mental Health Program Executive
Date Approved/Reviewed:
Date for New Review:
Computer File Identification:

<p>Prerequisites and Selection Criteria:</p> <p style="text-align: right;">Key</p>	<p>Mandatory:</p> <p>Applicants must hold a recognised qualification in psychiatric nursing, social work, psychology or occupational therapy and registration with the relevant professional body for practice in the state of Victoria.</p> <p>Demonstrated ability, and experience in, working with and engaging young people (16-25 years), their families/friends and support networks.</p> <p>Demonstrated ability to undertake comprehensive psychosocial assessment, and to formulate and implement (in consultation with consumers and carers) Individual Service Plans, and Risk Management Plans.</p> <p>Sound understanding of Early Psychosis, with knowledge, or ability to develop knowledge, of phase specific treatment approaches.</p> <p>Understanding of the issues, including developmental issues, and the impact of substance use, facing young people experiencing a first episode of psychosis.</p> <p>Ability to develop effective working relationships with youth services, GP's, Primary Health Care Services, and Mental Health Services.</p> <p>Willingness to provide education and consultation services to the community, referrers and the service network.</p> <p>Well developed interpersonal and communication skills (written and verbal) and proven ability to liaise and communicate with team members and other service providers.</p> <p>Understanding, or ability to develop understanding, of the <i>Mental Health Act 1986 (Vic)</i>, the <i>Mental Health Amendments Act (2003)</i> and relevant legislation.</p> <p>Commitment to consumer and carer rights within the framework of the <i>Mental Health Act 1986 (Vic)</i> and the <i>Mental Health Amendments Act 2003</i>, <i>National Standards for Mental Health Services</i> and a model of service delivery that is responsive to gender, culture and diversity.</p> <p>Commitment to the principles of Employment Equal Opportunities, Professional Boundaries, Codes of Professional Conduct and Bullying and Harassment in the workplace.</p> <p>Computer skills.</p> <p>The successful applicant must hold a full Victorian driver's licence.</p> <p>Satisfactory Police Check</p> <p>Working with Children's Check</p>
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